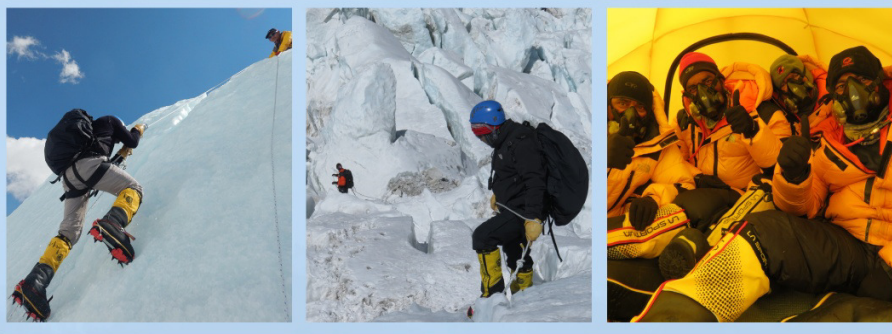


SATYARUP SIDDHANTA

ONE IMPOSSIBLE DREAM
AND AN INSPIRATION TO MANY

www.satyarupsiddhanta.com

EVERYTHING IS POSSIBLE IF YOU
THINK IT IS POSSIBLE



Glimpses of My Journey



ABOUT ME

A JOURNEY FROM BEING AN ASTHMATIC KID TO A
MOUNTAINEER

Grit, determination and will power can move

When I was a college student, I realized I need to reduce my dependency on inhalers. I was also allergic to many foods which triggered asthma. I struggled for years, continuously challenging myself by not using the inhalers and by consuming more and more of those foods I was allergic to, without taking anti-allergic medicines.

I thought I would die ...many a times

But I didn't give up! I wanted to push limits to see how far I can go with it! Finally, with exercises, discipline, diet and some considerable will power & determination, I got rid of Asthma!

Today, I have climbed the highest mountain of each of the 7 continents ... Skied the last degree to South Pole ... Climbed the highest active volcano in the world ... And it all started with a dream!

Dream BIG and Chase YOUR Dreams!



Satyarup has been invited at **IIT Kanpur** on March 31 to deliver a motivational speech and to take a workshop for the students of IIT Kanpur.

Satyarup will be opening the speech at **HSBC Analytics Conclave 2018** this April with his signature motivational talk “Go beyond your limits .. Dream BIG!”

Satyarup was invited to deliver a specially designed motivational talk for the **IET South Asia Team** “Transformation - The Art of Going Beyond” at their 3rd annual conference on Feb 2018

Satyarup was invited at the offsite for the **Senior Leadership Team of Cognizant Chennai MANLOG vertical** to give a talk on “Moving the Mountains” aligned with the theme of the offsite last Oct before leaving for his Antarctica Expedition

Satyarup was invited to give a motivational talk for the **Leadership Team of Altimetrik Bangalore and Chennai** aiming to break the self limiting beliefs.

Satyarup has earlier been a speaker at various corporate platforms, Schools, colleges, NGOs, Clubs and public gatherings at India, Bangladesh and Indonesia . Some notable places are **TEDx, ASEAN Head Quarters - Jakarta, Mandhaara** – an esteemed platform of Sasken, **IEI**, Bandhan Bank, Capgemini, Trivia Technologies , Brady, Manipal County, Sishu Mandir, Sikkim Manipal University, IISWBM, many universities in Bangladesh including Dhaka university and Asian university for Women, and many others.





SOUTH POLE



MONT BLANC



MT ELBRUS



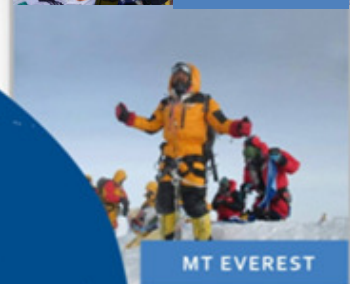
CARSTENZT



VINSON



MT DENALI



MT EVEREST



MT ACONCAGUA



MT KOSCIUSZKO

CLIMBING THE 7 SUMMITS

CLIMBING THE HIGHEST MOUNTAIN OF EACH OF THE SEVEN CONTINENTS IS TERMED AS CLIMBING THE SEVEN SUMMITS. IT IS CONSIDERED TO BE AN EXTRA ORDINARY FEAT IN WORLD MOUNTAINEERING AND A FEW NO OF PEOPLE ALL OVER THE WORLD HAS DONE IT.



MT KILIMANJARO

Latest Expedition: Dec '17 – Jan '18

- Vinson Massif – Highest Mountain of Antarctica
- South Pole Last Degree Skiing
- Ojos Del Salado – Highest Active Volcano in the world

ASEAN-INDIA RELATIONS TAKEN TO NEW HEIGHTS



Dr. AKP Mochtan, Deputy Secretary-General of ASEAN for Community and Corporate Affairs handing over the ASEAN flag to Satya at the ASEAN head quarters in Jakarta.

In a rare and proud moment, ASEAN gave great importance to Satyarup's Mt Carstensz Pyramid climb in Indonesia this June and handed over three flags to take to the summit.

On June 13, 2017 at 11:45 AM, Satyarup hoisted three flags ... Indian, Indonesian and ASEAN flags at the summit of Mt Carstensz Pyramid. This climb became a commemorative climb to mark the 50 years of ASEAN and 25 years of bilateral talk between India and ASEAN. Dignitaries and ambassadors from various countries including Dr. AKP Mochtan, Deputy Secretary- General of ASEAN for Community and Corporate Affairs; Amb. Jose Tavares, Director-General for ASEAN Cooperation; and Suresh K. Reddy, Ambassador of India to ASEAN were present in person at the flag off ceremony.

<http://asean.org/south-asian-mountaineering-expedition-highlight-asean-india-partnership/>



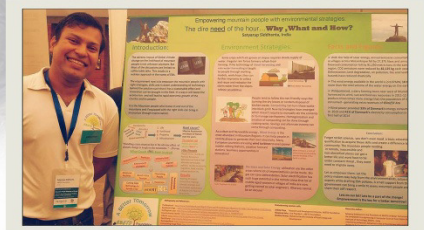
GIVING BACK TO THE ENVIRONMENT

APART FROM VARIOUS TALKS TO INSPIRE AND MOTIVATE PEOPLE AROUND, SATYARUP ALSO WORKS TOWARDS CAUSES FOR SAVING THE ENVIRONMENT.

ICIMOD, NEPAL INVITED SATYARUP TO THE INTERNATIONAL CONFERENCE ON "MOUNTAIN PEOPLE ADAPTING TO CHANGE SOLUTIONS BEYOND BOUNDARIES BRIDGING SCIENCE, POLICY

AND PRACTICE" IN KATHMANDU FROM 9-12 NOVEMBER 2014.

SATYARUP PRESENTED A POSTER THERE ON THE TOPIC:



EMPOWERING MOUNTAIN PEOPLE WITH ENVIRONMENTAL STRATEGIES: THE DIRE NEED OF THE HOUR...WHY, WHAT AND HOW?

SATYA HAS PUBLISHED VARIOUS PAPERS IN NATIONAL LEVEL SEMINARS :

Mt Kilimanjaro to lose its snow crown – are we not responsible?
National Seminar organized by the Department of Tourism, Garden City College, Bangalore on the theme "Incredible India lies in its Future Preservation of Water" on 30th September 2013 in tune with UN resolution of water conservation

Kerala Backwaters – Paradise Lost?
National Seminar on Water Climate and Tourism, - is it a boon or bane to mankind & economic environment" – 11 Sep, 2013 at Mount Carmel College, Bangalore

Check the website for more: <https://www.abeto.org/research-papers>

DREAM BIG! AND CHASE YOUR DREAMS!



At Mt. Everest Summit with The Indian Flag